

ASP Email # 8

Sleeping, Resting and Opportunities

Dear ASP Friends,

Hundreds of volunteers from all across the country have been doing ASP this past week. Twenty-five ASP centers are set up and operational. You are part of a huge ministry. What you are doing impacts the lives of many people. Take a moment to stop and think. All the work and all the good that can be done in Jesus' name and we are part of that moment. It's like running a relay. We get the handoff in six days.

Rest on ASP is pretty important and sleeping on ASP is a big deal. We sleep and we accomplish what we came to do for the families. People don't sleep and folks get cranky, whiny, slow, careless and yucky and what we are able to do for the family is cut. Quiet time starts at 10:30 p.m. That's when folks start going to the bathroom, getting ready for bed, and lights out is at 11:00 p.m. The stroke of 10:59 p.m. is not the time to start your nightly rituals. Then at 6:30 a.m. we wake-up and devotions are at 7:00 a.m. **Our group will help each other make it to devotions.** Don't waste space packing an alarm clock. Waking up is provided for you. It's a special introduction to a new day of your life. **By the way we need folks to volunteer for devotions. This is a big deal!** There are over 125 ASP summer college age staff members to run the 25 county centers this summer. It's interesting that during their training if anyone was late to 7:00 a.m. devotions your room did extra chores.

We've talked about what to bring to wear on ASP. You can look back at that and the packing list at <http://hinshawumc.org/asp/index.htm> I'm sure you'll remember to bring a non- skimpy bathing suit or bathrobe for the trip to the shower. Remembersome folks use a cot, some air mattresses, some egg crate foam. I'm sure you are clear that ASP provides nothing. You use it – you bring it. I've always said that one way to approach ASP is to think of it kind of like a drill for a hurricane or tornado. You know those pictures of folks crammed together in a school during or after a storm. Getting a little quiet time each day is pretty important. If we are super crammed together, we should work on being super respectful of the folks reading or resting. Bring a good book and relax. There are a couple of times each day when you can rest after your crew has completed their chores. Some people might be worrying about sleeping all together, girls in one area, guys in the other. There should be no difference in sleeping if everyone is quiet. If you work hard, you'll sleep hard.

For confidentiality, on the outside of your crew notebook or family file the family you are helping will be assigned a name. It could be the name of a color or TV show or any thing. That will be your crew name. There will be a big chart with chores and crew names assigned to the chores. The ASP staff will be upbeat about chores and call them "opportunities." The bottom line is that each work crew will have responsibilities, which could be breakfast clean-up and washing dishes, lunch set-up, picking up paper on the grounds and emptying outdoor trash, washing supper dishes, cleaning the showers, cleaning the bathrooms, straightening up the tool room, straightening up the supply area, or sweeping the halls. Your crew will be assigned a daily chore and with the right attitude

and the supplies they provide, any crew can work from 20 to 30 minutes and knock out the task. If part of the crew tries to duck the task, it will take longer. Don't let anyone skip chores. The way I look at it is we came to work in the first place – let's do it and have a good time! Serving Jesus comes in many forms.

Yours in Christ,
Jim Waynick